

## Event Shuttle

The free West Coast Farm & Garden shuttle is provided by the District of Tofino's participation in the Resort Municipality Initiative.

Come car free to the event and receive an extra door prize ticket.

Tofino Coop Parking Lot	9:30	10:30	11:30	12:30	13:30	14:30	15:30
4th & Campbell St.	9:32	10:32	11:32	12:32	13:32	14:32	15:32
Surf Sister	9:33	10:33	11:33	12:33	13:33	14:33	15:33
Darwin's Cafe	9:40	10:40	11:40	12:40	13:40	14:40	15:40
Mackenzie Beach Rd @ HWY	9:42	10:42	11:42	12:42	13:42	14:42	15:42
Hellesen Dr @ HWY	9:43	10:43	11:43	12:43	13:43	14:43	15:43
North Chesterman	9:45	10:45	11:45	12:45	13:45	14:45	15:45
South Chesterman	9:49	10:49	11:49	12:49	13:49	14:49	15:49
Visitor Centre	9:54	10:54	11:54	12:54	13:54	14:54	15:54
Visitor Centre	10:00	11:00	12:00	13:00	14:00	15:00	16:00
South Chesterman	10:03	11:03	12:03	13:03	14:03	15:03	16:03
North Chesterman	10:07	11:07	12:07	13:07	14:07	15:07	16:07
Outside Break	10:09	11:09	12:09	13:09	14:09	15:09	16:09
Darwin's Cafe	10:20	11:20	12:20	13:20	14:20	15:20	16:20
Tofino Resort + Marina	10:23	11:23	12:23	13:23	14:23	15:23	16:23
Tofino Coop Parking Lot	10:26	11:26	12:26	13:26	14:26	15:26	16:26



Thank you to all of this year's funders, presenters, vendors, volunteers, growers, farmers and community members who contributed to the event, as well as our host, the Tofino Botanical Gardens.

# West Coast FARM & GARDEN

[TofinoCommunityFoodInitiative.com](http://TofinoCommunityFoodInitiative.com)

## Evening Activities

# FRIDAY, MARCH 6

7:30 - 9 pm

### Documentary Screening

#### Just Eat it: A Food Waste Story

Cost: \$10 - available at [octopusevents.ca](http://octopusevents.ca)

Location: Ecolodge Classroom



Filmmakers and food lovers Jen and Grant dive into the issue of food waste from farm, through retail, all the way to the back of their own fridge. After catching a glimpse of the billions of dollars of good food that is tossed each year in North America, they pledge to quit grocery shopping and survive only on discarded food. What they find is truly shocking.

# SATURDAY, MARCH 7

5:30 - 9 pm

### Planting Seeds: Cooking with Kids w Feast Tofino's Willa Bradshaw & Zane Caplansky

Cost: \$49 - available at [octopusevents.ca](http://octopusevents.ca)

Location: Darwin's Cafe

Limited Tickets Available

Doors at 5:30pm | Dinner Service at 6:30pm



Planting Seeds: Cooking with Kids is a fundraising dinner in support of the Tofino Community Food Initiative's many programs including the school garden. Instructors Willa and Zane, working with the emerging culinary stars of their Wickaninnish After School Cooking Program, will create and present a family-style menu including a whole roasted pig, fire roasted winter vegetables, vegan kitchari, cheesecake and more.

Sponsored by Feast Tofino and Creative Tofino.  
Inquire for special dietary requirements.

### Ecolodge Kitchen/Lounge (downstairs)

#### \*\* Produce Bag Making Demo

w/ Surfrider Pacific Rim  
10:30 - 11:15am

#### \*\* Food Preservation Demo

w/ Erica Daley  
12:30 - 1:30pm

\* Indicates a workshop - \$10 per workshop or day  
& weekend passes are available.

\*\* Activity is by donation.

### Barn / Gazebo

#### Face Painting

w/ Ethereal Face Painting  
11-1pm

#### \*\* Wildlife Safe Composting

w/ Georgina Valk  
1-2pm



# SUNDAY, MARCH 8

# SATURDAY & SUNDAY Daily Activities in Darwin's Cafe

9:30 - 3:30 pm

	Darwin's Cafe	Ecology Classroom (upstairs)
9 am		
10 am		* Realizing Synergies Between Agriculture & Tourism w/ Nicole Vaugeois 10-11am
11 am		* Beekeeping w/ Chad Jeremy Young 11:15-12:15pm
12 pm	Family Friendly Lunch for Purchase w/ Solidarity Snacks 12-2pm	
1 pm		* Growing Year Round on the Coast w/ Connie Kuramoto 1-3pm
2 pm		
3 pm		* Panel Discussion: Small Farms, Big Impact w/ experts from 4 Vancouver Island Communities 3:15-4:45pm
4 pm		

## Farmer's Co-op Market Table

Vendors from the Alberni Valley will be selling their produce at a market table and have the unique opportunity to connect with individuals, restaurants, retailers and markets on the west coast.

## Seed Swapping Table

Growers from across Vancouver Island are invited to bring their saved seeds for swapping with their fellow farmers. Seed saving has been used for generations to selectively preserve crops with desirable traits for agriculture. At our seed swapping table you'll have the opportunity to learn about the incredible variety of heirloom, hybrid, and open-pollinated seeds that are growing on Vancouver Island and diversify your own seed repository.

## Vendors & Booths

Visit local food growing experts at the Darwin's Cafe to find all the resources you need to start a successful spring garden. Vendors will be selling plants, seeds, tools, and more. Representatives from local organizations will be available to answer your questions and provide info on how you can support local food in your community!

## Event Admission

### General

\$2

FREE - Kids 12 & Under

### Demos

By Donation

\*\* Indicates a demo in the schedule.

### Workshops

\$10 per Workshop

\$25 per Daily Workshop Pass

\$40 per Weekend Workshop Pass

\* Indicates a workshop in the schedule.

Tickets for the fundraising dinner, movie and day/weekend passes are available on [TofinoCommunityFoodInitiative.com](http://TofinoCommunityFoodInitiative.com).

# SATURDAY, MARCH 8

	Darwin's Cafe	Ecolodge Classroom (upstairs)	Ecolodge Kitchen/Lounge (downstairs)	Barn / Gazebo
9 am				
10 am	Tla-o-qui-aht Welcome 9:40-10am			
11 am	* Ancestral Gardens Walking Tour w/ Gisele Martin 10-11am		** Beeswax Wrap Making Demo w/ Surfrider Pacific Rim 10:30 -11:15am	
12 pm		* Chicken Keeping w/ Sally Hill 11:15-12:15pm		Hay Ride Tours w/ John from TBG 11-12pm
1 pm	Family Friendly Lunch for Purchase w/ Solidarity Snacks 12-2pm		** Food Preservation Demo w/ Zoe McEnery 12:30 -1:30pm	Bubbles w/Adley 12-1pm
2 pm		* Small-Scale Mushroom Production:Experiences of a Start-up w/ Stoyan Petrova 1:45-2:45pm		** Growing Food with Kids w/ Paula Robertson 1-2pm
3 pm		* Agricultural Innovation in Small Communities w/ Hannah Roesler, Louise Rodgers & Leah Austin 3:00-4:30pm		
4 pm				

\* Indicates a workshop - \$10 per workshop or day & weekend passes are available at the front door.  
 \*\* Activity is by donation.

